

Nursing Study Guide Template

Use this template to organize nursing concepts, improve prioritization, and prepare for exams and clinical practice.

Topic / Disease Process

Course:		Date:	
Instructor:		Exam/Unit:	

Definition & Overview

Etiology / Causes & Risk Factors

Signs & Symptoms

Early:

Late:

Expected vs Unexpected:

Patient Complaints:

Priority Nursing Diagnoses

Diagnosis	Related To (R/T)	As Evidenced By (AEB)
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Nursing Prioritization (ABCs / Maslow / Safety)

What comes FIRST and WHY?
What comes SECOND?
Delegation Considerations:

Diagnostics & Labs

Test/Lab	Normal Range	Findings	Nursing Implications
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Medical & Nursing Management

Medications	Nursing Interventions	Patient Education
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Red Flags / Warning Signs (When to Escalate Care)

Call Provider:	
Rapid Response:	
Emergency:	

NCLEX / Exam Tips

Common Traps:
Keywords to Look For:
Most Tested Concepts:

Teach-Back (Watch One • Do One • Teach One)

How would I explain this to a patient or peer?
What still confuses me?
How will I review this again?